

## You are invited

24alife™, a world leading employee well-being provider in collaboration with **Mayo Clinic** has a pleasure of inviting you to



# Workplace Health & Well-being Event

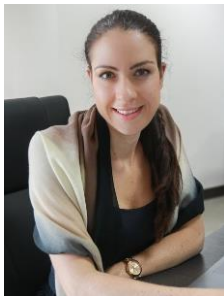
**DATE:** 1<sup>st</sup> of March 2018

**TIME:** 10AM – 12PM

**WHERE:** 1100 Superior Avenue  
(12th Floor), Cleveland, OH 44114

Workplace Health & Well-being event is designed to increase your knowledge on how to establish efficient workplace health promotion and how to develop human potential in organizations.

While our friendly interaction and a cup of coffee or tea you will have a chance to listen to Eva Kovac, performance psychologist and her global experiences on employee well-being. You will discuss how to address challenges of modern lifestyle and how to increase employees' motivation and engagement.



### Speaker:

Eva Kovac is a performance psychologist working in the field of talent management, and organizational psychology. She serves as a vice president of 24alife and leads global expert teams and program implementations. Eva has rich experiences working with organizations on workplace health promotion including companies like Tata Group, Mayo Clinic, Sanpower, NIS Gazprom... She is working with top European professional athletes and sports teams helping them in mental preparation for World Cups and Olympic Games.

### About 24alife:

24alife Corporate is a leading employee well-being solution, offering an effective holistic approach to workplace health promotion. It establishes, measures and monitors employee wellbeing program through support of smart technology. It offers several types of interventions, programs, and challenges, as well as analyses developed in collaboration with Mayo Clinic. According to case studies of organizations using 24alife Corporate, companies experience approximately a 20% improvement in the following areas: decreased presenteeism and absenteeism, improved overall employee well-being, and increased engagement and productivity in the workplace.

### Registration:

There is no registration fee, advanced registration is required. Space is limited. To register, please write to [corporate@24alife.com](mailto:corporate@24alife.com)

For more details on this exciting event contact:

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